

**LEICESTER CITY HEALTH AND WELLBEING BOARD  
27 OCTOBER 2015**

<b>Subject:</b>	0-19 Healthy Child Programme Update
<b>Presented to the Health and Wellbeing Board by:</b>	Ruth Tennant, Director of Public Health
<b>Author:</b>	Clare Mills, Lead Commissioner (Healthy Child), Public Health

**EXECUTIVE SUMMARY:**

The Healthy Child Programme (HCP) is a universal public health programme for improving the health and wellbeing of children and young people. It is currently delivered by two separate programmes:

- HCP 0-5 years is delivered by the Health Visiting and Family Nurse Partnership services
- HCP 5-19 years is delivered by the School Nursing service

Both elements are provided by Leicestershire Partnership NHS Trust.

Leicester City Council now has the opportunity to integrate elements of the HCP programmes to ensure better service provision. Integration will enable the provision of a strong comprehensive offer to children and young people, while ensuring value for money and making commissioning decisions based on the best available evidence.

The impact of an effective 0 – 19 HCP will be seen and measured through outcomes and indicators including; life expectancy, school readiness, domestic abuse, breastfeeding, smoking prevalence at age 15, excess weight in 4-5, 10 –11 year olds and adults, tooth decay in children aged 5 and self reported wellbeing.

In preparation for recommissioning the integrated HCP 0-19 years, a full review of the current HCP programmes has been carried out. The review findings will inform the development of the specification for the new 0 – 19 integrated healthy child programme for Leicester.

**RECOMMENDATIONS:**

The Health and Wellbeing Board is requested to: note plans for the recommissioning of the 0-19 Healthy Child Programme and to develop further alignment of this programme with the Council's Early Help Offer.

# Health and Wellbeing Board Briefing

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**0-19 Healthy Child Programme update**

Lead director: Ruth Tennant

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**Ward(s) affected:** All

**Report author:** Clare Mills, Lead Commissioner (Healthy Child), Public Health

**Author contact details:** clare.mills@leicester.gov.uk

## **1.0 Purpose of Briefing**

To provide the Health and Wellbeing Board with a briefing on the transfer of the 0-5 Healthy Child Programme (Health Visiting and Family Nurse Partnership) and on proposals for the development of an integrated 0-19 Healthy Child Programme.

## **2.0 Background**

The Healthy Child Programme (HCP) is a universal public health programme for improving the health and wellbeing of children and young people. It is currently delivered by two separate programmes:

- HCP 0-5 years is delivered by the Health Visiting and Family Nurse Partnership services
- HCP 5-19 years is delivered by the School Nursing service

Both elements of the HCP programmes described above are currently provided by Leicestershire Partnership NHS Trust.

The Healthy Child Programme works within a framework of 4 levels of universal review and screening, health promotion and early intervention for infants, children, young people and their families that promotes optimal health and wellbeing with safeguarding being an integral element.

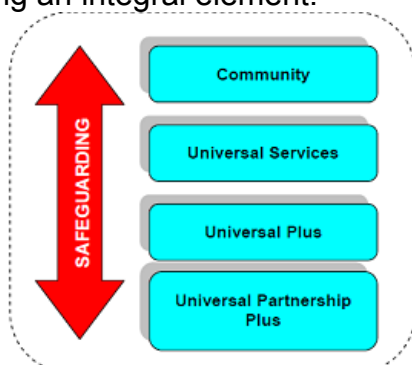


Figure 1

The levels of service provision are outlined below.

**COMMUNITY:** The needs of local communities are understood through the mapping of the range of services provided for and by communities. Health visitor and school nursing teams work to develop services with communities.

**UNIVERSAL:** Provision of the Healthy Child Programme to every child in the city, from antenatal visits to the pre-school check. Also provides additional support for parents and access to a range of community services and resources.

**UNIVERSAL PLUS:** Evidence-based care packages and rapid response from health visiting and school nursing teams when expert help is required.

**UNIVERSAL PARTNERSHIP PLUS:** On-going support provided plus co-ordination of care with a range of local services working together to deal with more complex issues over a longer time.

Leicester City Council has been responsible for commissioning the HCP 5-19 years since April 2013 and has taken over commissioning responsibility for the HCP 0-5 years from October 2015.

Leicester City Council now has the opportunity to integrate elements of the HCP programmes to ensure better service provision. Integration will enable the provision of a strong comprehensive offer to children and young people, while ensuring value for money and making commissioning decisions based on the best available evidence.

There is also an opportunity to jointly plan the HCP with the Council's Early Help offer. Joint planning will allow us to avoid duplication and gaps in service provision and ensure we get the best value and quality from our services for our children, young people and families.

## **2.1 Service provision**

Over recent years we have seen an almost doubling of health visitor numbers in Leicester to 130 whole time equivalent health visitors, (this number includes health visitors in specialist and managerial roles), plus community nursery nurses. As well as the generic health visitors who provide a universal service based on five mandated contacts, there are specialist practitioners working to support infant feeding, children with additional needs and with homeless and asylum seeker children, young people and families.

The family nurse partnership provides part of Leicester's response to improving outcomes for vulnerable groups. Family nurses form part of the health visiting service (universal partnership plus) and provide an intensive programme with a firm evidence base to first time teen parents.

The school nursing service has recently undergone a recruitment drive to ensure an enhanced offer is provided to Leicester's schools. The service includes the universal national childhood measurement programme, development of school health profiles, health clinics providing confidential one to one advice on a range of topics, along with health websites designed by and for children and young people and an on line confidential health advice service.

## **2.2 Key outcomes and performance**

We have high ambitions to ensure delivery of an effective integrated 0 – 19 HCP. The programme will have the child and their family at its centre, and a strong public health focus, underpinned by a robust evidence base. All mandated requirements will be met;

there will be safe clinical practices, and strong information governance. Safeguarding will be at the core of all work. There will be robust monitoring systems that evidence the scale of reach and the impact 0-19 Health Children Programme is having on the lives of children and their families.

The integrated program will see all children and young people in Leicester City at key points in their time with 0-19 Health Child Programme. The service will build on the 6 high impact for early years and will use and innovative methods to engage children and young people in accessing health advice, in taking control of their health, preparing them for adulthood, and supporting them to make healthy choices for themselves.

The service will deliver strong universal provision, and work towards early identification of problems to insure additional support is offered. Children will move seamlessly through the 0-19 Healthy Children Programme, thus ensuring children, young people and their families get the right support, from the right people, in the right way and at the right time; including through strong partnerships with NHS agencies, the Local Authority, the voluntary sector and through Leicester's Early Help offer.

Implementing an effective integrated 0 – 19 HCP offers a prime opportunity to positively influence health outcomes for children young, people and families in Leicester.

The Public Health Outcomes Framework *Healthy lives, healthy people: Improving outcomes and supporting transparency* was published in April 2013 and sets out a vision for public health, desired outcomes and the indicators that help us understand how well public health is being improved and protected.

The framework concentrates on two high-level outcomes to be achieved across the public health system, and groups further indicators into four 'domains' that cover the full spectrum of public health. The outcomes reflect a focus not only on how long people live, but on how well they live at all stages of life.

The impact of an effective 0 – 19 HCP will be seen and measured through outcomes and indicators including; life expectancy, school readiness, domestic abuse, breastfeeding, smoking prevalence at age 15, excess weight in 4-5, 10 –11 year olds and adults, tooth decay in children aged 5 and self reported wellbeing.

### **2.3 Healthy Child Programme Review 0-19 years**

In preparation for recommissioning the integrated HCP 0-19 years, a full review of the current HCP programmes has been carried out. The final review report was presented in September 2015, and will be reviewed by the HCP Procurement Group (membership includes Public Health, Children's Services, legal, finance, procurement and contracts).

The main purpose of the 0-19 HCP Review was to make an assessment of the current delivery of the 0-19 HCP programme and make recommendations to inform the recommissioning of the service in 2017. The review:

- explored national and local policy and best practice
- examined current service provision
- developed ideas for an integrated 0-19 HCP
- identified opportunities for integrated commissioning of services
- reviewed how the 0-19 HCP workforce contributes to Early Help and

safeguarding

The review findings will inform the development of the specification for the new 0 – 19 integrated healthy child programme for Leicester.

### **2.3 Extended Joint Review with the Early Help Offer**

Through the 0-19 years HCP review process that has been undertaken, it has become evident that recommissioning of the 0-19 HCP provides a bigger opportunity to align the 0-19 HCP programme with the Council's Early Help offer whilst also strengthening the link between 0-19 HCP and wider partners delivering early help services.

Extending the review to allow for further integration with the Council's Early Help offer will reduce duplication of services and could serve to improve standardisation and coordination of services, thereby ensuring value for money and creating a robust integrated programme that reflects and responds to the needs of Leicester's communities.

### **Recommendations**

Health and Well-being Board are asked to note plans for the recommissioning of the 0-19 Healthy Child Programme and to develop further alignment of this programme with the Council's Early Help Offer.